



FAQs

Exercise daily, while fundraising for those affected by bowel cancer

1. What is ActiveApril?

ActiveApril is a virtual challenge where you get active every day throughout April, any way you wish, anyhow and on your own schedule to help raise funds and awareness for those affected by bowel cancer. You can get active by walking, running or swimming, anything goes, as long as you're on the move!

2. How do I sign up?

It's free to sign up and you can register by clicking the sign-up link and filling out a **short form**.

3. Do I need to complete my challenge in a certain time?

No, you can get active whenever you like- the morning, on your lunch break, or over the weekend, anything goes.

4. How do I fundraise?

When you fill out the form to sign up, it will automatically create a JustGiving or Facebook fundraising page. You'll be able to then share this page with your family and friends and begin receiving donations. You can also use our **Sponsor Form** and collect donations the old-fashioned way.

5. What will I receive upon signing up?

You'll receive a sweatband after you receive your first donation on your fundraising page. Please expect up to ten working days for this to arrive.

6. What rewards will I receive during my fundraising challenge?

- Branded sweatband after receiving your first donation, this can be any amount..
- **Raise £100** to receive a branded water bottle.
- **Raise £200** to receive a branded drawstring bag.

7. How long does it take to receive my rewards?

All items will be posted out to you 2nd class and tracked within 7-10 working days. If you haven't received yours after 10 days, please email: community@bowelcanceruk.org.uk

8. How can I join the ActiveApril Facebook group?

You can join our ActiveApril **Facebook group here**.



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9. Can I participate as a team?

Yes you can fundraise as a team. Please email community@bowelcanceruk.org.uk and we'll share the details of how you can set up a team page.

10. What is my fundraising target?

We ask everyone to raise a minimum of £150 to help us continue to fund our vital services and lifesaving research.

11. What if I don't hit my fundraising target?

Don't worry if you don't reach your fundraising target, every contribution counts, and we sincerely appreciate any support you've provided. You can check our fundraising tools page [here](#) which has everything you need to help with your fundraising, we're here to support you every step of the way.

12. I've raised funds offline; how do I send these across to you?

That's great! You can send these funds across to us by checking out this guide [here](#)

13. Can I set up a fundraiser on Facebook and JustGiving?

Yes of course, we'd recommend signing up using [this link](#) and creating a Facebook fundraiser and then setting up a JustGiving page using [this link](#) and click 'start fundraising'

14. Who do I contact if I have more questions?

For more information, reach out for help in the [ActiveApril Facebook group](#) or email community@bowelcanceruk.org.uk